

Private Sliding-Scale Counsellors/Clinics in BC

April 2022

A growing list of private counsellors and counselling clinics offering sliding-scale counselling in British Columbia. Updated quarterly.

To be included on this list, counsellors must be registered with a professional college or association and have a minimum of a master's degree. Interns are graduate students supervised by master's or PhD counsellors.

Notes to Readers: It is incumbent on users of this list to ensure that the chosen counsellor is the right fit and that their professional registration is active and in good standing. **Counsellors/clinics are grouped by the city where they are based, however are also available for online therapy.** *Counsellor fees may be subject to change, may/may not be posted online and are sometimes listed as a range (e.g.counsellor-dependant). Although this list is updated quarterly, counsellors' subsidized spaces may vary or there may be a waitlist.*

Notes To Counsellors: To be considered for this list, please complete this form: <https://forms.gle/bUSeMQoia9J79Vy36>
To be removed from the list, or to update your information, email megan@willowtreecounselling.ca

Inclusion of these counsellors and clinics does not indicate an endorsement of them or an affiliation with Willow Tree Counselling.

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Comox
Langley
Nanaimo
North/West Vancouver
Port Moody
Sooke
Surrey/Delta
Vancouver

Willow Tree Counselling
915-1125 Howe St. Vancouver BC V6Z 2K8
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Please note: Although Willow Tree Counselling maintains this list, WTC's sliding scale spaces are full.

Online Only

Counsellor or Clinic	Web Page	Phone	Fees: Hour	Master's Counsellor	Intern
Alpenglow Counselling	https://alpenglowcounselling.com/practicum-counsellor/	N/A	\$20-\$35		✓
Between Two Pines	https://b2pinescounselling.com/fees	250-278-6577	\$90	✓	
Cedarwood Counselling Collective	https://cedarwoodcollective.ca/services/	N/A	\$10-\$20		✓
Jordan Pickell Counselling	https://jordanpickellcounselling.ca/shared-connection	N/A	\$35-\$85		✓
Katrina Molenaar Counselling	https://katrinamolenaar.wixsite.com/katrinamolenaar	778-240-8900	\$60-\$100	✓	
Liberate Counselling Collective	https://www.liberatecounsellingcollective.com/pricing	N/A	\$70-\$120	✓	
MindRight Counselling and Consulting	https://mindrightcounselling.com/	604-369-3890	\$50		✓
Our Landing Place Therapy Collective	https://www.ourlandingplace.com/faqs	250-806-0445	\$25-\$150	✓	✓
Rebecca Janke—Parent Consultant	www.rebeccajanke.ca	604-250-9649	\$90-\$145	✓	
Room of One's Own	https://www.roomofonesown.co/about	N/A	\$60-\$95+		✓
Talk Online BC	https://talkonlinebc.com/sliding-scale-low-cost-services/	N/A	\$50		✓
Tanya Barr Counselling	https://tanyabarrcounselling.com/	604-723-4014	\$100-\$120	✓	
Therapy Cove Counselling	https://therapycovecounselling.com/	N/A	\$85	✓	

In-Person and Online

Comox-Based

Counsellor or Clinic	Web Page	Phone	Fees: Hour	Master's Counsellor	Intern
Mental Health & Human Performance	https://www.kathicameron.com/services	250-830-7330	\$42		✓

Kelowna-Based

Counsellor or Clinic	Web Page	Phone	Fees: Hour	Master's Counsellor	Intern
Motion Counselling	https://motioncounselling.com/fees-1	778-484-5600	\$50-\$60		✓

Langley-Based

Counsellor or Clinic	Web Page	Phone	Fees: Hour	Master's Counsellor	Intern
Ally Counselling	https://allycounselling.ca/services/	604-723-0197	\$100	✓	
Lavender Counselling	https://www.lavendercounselling.com/booking/	604-455-8399	\$40+GST	✓	✓
Thrive Life Counselling and Wellness	https://thrive-life.ca/reduced-cost-services/	Not available	\$50-\$75	✓	✓
Treehouse Trauma Centre	https://www.treehousetraumacentre.com/pricing	778-298-9555	\$60-\$110	✓	✓

Nanaimo-Based

Counsellor or Clinic	Web Page	Phone	Fees: Hour	Master's Counsellor	Intern
Island Clinical Counselling	https://islandclinicalcounselling.ca/services-and-fees/	250-797-7087	\$45-\$100	✓	✓

North/West Vancouver-Based

Counsellor or Clinic	Web Page	Phone	Fees: Hour	Master's Counsellor	Intern
North Shore CBT Centre	https://www.northshorecbt.com/faqs	778-928-9069	\$50-\$75	✓	✓

Port Moody-Based

Counsellor or Clinic	Web Page	Phone	Fees: Hour	Master's Counsellor	Intern
Dawn Slykhuis - RVN Wellness	https://rvnwellness.com/counselling/	778-883-4933	\$75 (max 6 sessions)	✓	

Sooke-Based

Counsellor or Clinic	Web Page	Phone	Fees: Hour	Master's Counsellor	Intern
Sea to Tree Health & Wellness	https://seatotree.ca/assistance/#slidingscale	778-352-3115	\$25-\$100	✓	✓

Surrey/Delta Based

Counsellor or Clinic	Web Page	Phone	Fees: Hour	Master's Counsellor	Intern
Annekatriin Shaw	www.cs4w.ca	604-593-3522	\$60-\$90	✓	

Vancouver-Based

Counsellor/Clinic	Web Page	Phone	Fees: Hour	Master's Counsellor	Intern
Allura Sex Therapy Centre	https://www.alluracentre.com/lowcost-counselling	604-398-8455	\$60-\$70		✓
Avery Therapy Centre	https://www.averytherapy.com/low-cost-counselling-vancouver	604-838-0327	\$50 + GST		✓
Ciel Community Counselling	https://www.cielcommunitycounselling.com/	778-868-4181	\$45-\$70		✓
Collaborative Space	https://www.expressivewellness.ca/lower-cost-counselling.html	604-657-0960	\$25-\$125	✓	✓
David Minor	https://solidaritycoach.com/fees-2/	604-800-4403	\$80	✓	
Peak Resilience	https://peak-resilience.com/	604-682-7325	\$21-\$115.50	✓	✓